



# Wake up to the dangers of sleeping with your baby...

Every week, at least 4 babies will die in their sleep; that's 230 babies every year. Yet 90% of these deaths are preventable.

## Avoid these risks:

Don't sleep on a sofa with your baby.

Don't sleep in a bed with your baby, especially if you drink, smoke or take drugs.

**#SaferSleep**  
**#YearofSaferSleep**

